

Report to the Operations Sub-Committee October 19, 2007

### **Clinical Operations**

## Efficiency Endeavors IOP/EDT Authorization Update

- Adjustment to authorization timelines
  Implemented October 1, 2007
  - EDT up to 120 days ( 4 months) for Initial Authorization
  - Concurrent Review up to additional 60 days
  - (1 -2 months) when clinically appropriate
  - IOP up to 4 weeks (1 month) for Initial Authorization
  - Concurrent Review up to additional 2 week intervals when clinically appropriate
  - Provider specific decisions may be made regarding length of auths in the event there are quality of care concerns

## Efficiency Endeavors Cont'd.

- Pre-cert average call time: 22 minutes
- Concurrent Review average call time: 34 minutes
- Training of new staff impacting length of time as well as documentation standards post Mercer review
- Another round of AIS modifications to streamline in the works
- Round 2 testing initiated for CCR within the web registration system – anticipate availability mid-November
- 3 Clinical Care Managers hired with start dates in early October
- Review of additional authorization guidelines for adjustment and/or inclusion in web registration

# ICM Program

- New ICM Director: Cheryl Sims Coleman has started at CT BHP
- 3 additional Clinical Care Managers hired in September - once training is complete, will assume ICM work
- Training program for clinical staff has been further formalized to enhance the experience and preparedness of staff prior to external activities

#### CCMC ED Plan for Autumn Volume

- On call coverage began September 24, 2007 as increase in ED visits has begun
- Clinicians available 24 hours for assistance to ED
- Consultation on site 7 days a week
- Peer/Family Specialist consultation for family support
- Emphasis on EMPS inclusion and collaboration
- Emphasis on diversion from inpatient units utilizing community based services and supports
- Maintaining support of *all* Emergency Departments for assistance with disposition
- Enhanced reporting in development
- CAREs go-live October 15, 2007

Systems Management Operations

#### **System Managers**

#### Year One LADPs

- Final Reports for all LADPs were submitted on September 25, 2007
- The Departments have reviewed compliance binders for all 15 LADPs
- Currently Awaiting feedback
- Executive summary of program development and expansion needs is being developed

# System Management, con't.d

#### Year Two LADPs

 Meetings between CT BHP and Local Office Area Directors have begun to receive additional input for the LADPs and the role of the System Managers

#### **Provider Profiling (Analysis)**

- Met with the CHA to review initial thoughts and garner feedback on 9/28/2007
- CT BHP hosted a meeting on 10/16/07 with PRTF providers and shared LOS information
- Next steps: meet with inpatient focus group, hire Director

Quality Management Operations Quality Improvement Activity: Follow-Up Care within 30 Days of Inpatient Discharge – Status Review

- Goal: Improve the ambulatory follow-up rate of members discharged from inpatient and PRTF Interventions:
- Informational packet mailed to every member/family within 24-48 hours of admission includes:
  - Cover letter describing importance of ambulatory follow-up
  - Pamphlet with tips for arranging ambulatory follow-up and how to prepare for those visits
  - Information about the Peer Support Program

## Improving Ambulatory Follow-up Cont'd

- Increased focus on Discharge Planning during inpatient stay
  - Case Managers obtaining information about discharge plan at each review
  - Treating outpatient providers are contacted to determine if member attended follow-up treatment
- Best Practices in Discharge Planning Seminars to be held with high volume child/adolescent inpatient facilities in November - December

### Peer and Family Support

# Peer Support Unit

#### Peer and Family Peer Specialists attended 42 community meetings

Examples of types of meetings attended include:

- Home Visits with Members
- Child Specific Team, Discharge Planning or Treatment Team Meetings with Families who have members in the hospital
- Community Collaboratives, Area Advisory Councils, and MSS Meetings
- Community Meetings and Trainings/Conferences
- Local Area Development Plan Workgroups

# Peer Support Unit, con't.d

- Actively interviewing for Manager and open staff positions
- 140 consultations occurred with members or their families
- Manager and CEO presented at the NY Recovery and Rehabilitation conference in early October
- The unit coordinated Mental Health Awareness activities in the Service Center and in the Community
  - "unmasking the face of mental illness"

## **Outreach Activities for Peer Unit**

- Area Advisory Committees
- Community Collaborative Monthly and Sub-Committee Meetings
- CT BHP Consumer and Family Advisory Sub-Committee
- CT Community for Addiction Recovery (CCAR) Walk Sponsor and Vendor Table
- CT Health Foundation's Juvenile Justice Grant Meeting
- CT Parent Power Meeting
- Parent Forum in Bridgeport
- CT BHP Presentation at Middletown Ministerial Alliance Meeting
- Local Area Development Plan Workgroups
- Mental Health and Engaging the Latino Population Training
- Riverview Advisory Committee
- Youth Suicide Advisory Board (YSAB) Meeting

#### Examples of Referrals Given by Peer Unit

- AFCAMP •
- **Alcoholics Anonymous** ٠
- Autism Spectrum Resource Center •
- AWAKE (Alert, Well & Keeping Energetic) ٠
- **Behavioral Management** ٠
- Better Breathers Club ٠
- Birthright ٠
- Blue Care Family Plan ٠
- Care 4 Kids ٠
- Careerbuilder.com ٠
- CCAR ٠
- CCMC Teen Cancer Support Group ٠
- **Celebrate Recovery** ٠
- **Coordinated Transportation Solutions** ٠
- **CT Job Bank** ٠
- **DCF** Voluntary Services •
- DMHAS ٠
- **DSS New Britain Office** ٠
- **DSS Waterbury Office** ٠
- East Hartford Community Center ٠
- Emergency Mobile Psychiatric Services ٠ (EMPS)
- Familie's United for Children's Mental Health ٠
- FAVOR •
- Helping Hands Support Group ٠
- Home Depot •

- Homelessness in CT
- Hope Line
- HUSKY
- 211 Info line ٠
- 211 Childcare ٠
- ٠ Logisticare
- Montano Assistive Technology Center ٠
- Narcotics Anonymous ٠
- New Britain Housing ٠
- Nutmeg Big Brothers Big Sisters Plymouth Board of Education ٠
- ٠
- Prader Willi Web Site ٠
- Salvation Army
- Spanish Speaking Center ٠
- Special Care Breath Takers
- Support Group for People with Type 2 Diabetes- Hospital Central CT
- Systems of Care Care ٠ Coordination/Collaborative
- **Together We Shine Support Group** ٠
- Tri-County Support Network for Families ٠ Raising Children with Bipolar – The **Connecticut Group**
- Waterbury Housing Authority ٠
- WIC ٠
- YWCA- Hartford

# Customer and Provider Relations

### CT BHP Community Meetings Enhanced Care Clinics

#### **Dates**

#### Locations\*

Winsted: Northwestern CT. Comm. College October 16, 2007 The Village for Families & Children October 23, 2007 Hartford: October 30, 2007 Danielson: Quinnebaug Valley Comm. College November 1, 2007 Waterbury: **Timexpo Museum** Augusta Curtis Cultural Center November 6, 2007 Meriden: November 12, 2007 Bridgeport: Child Guidance of Bridgeport Hill Regional Career High School November 13, 2007 New Haven:

#### \*\* All meetings will be held from 6:30 p.m. – 8:30 p.m. \*\*

# TOTAL NUMBER OF CALLS 2007

